

# Edwardsville YMCA



## 2nd Annual Mini Triathlon

in partnership with



Anderson Hospital

GOSHEN ROTARY CLUB

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- What** A “mini” triathlon to introduce all ages and fitness levels to the excitement of a triathlon event.
- 150 yard swim - 7 mile bike - 1.5 mile run/walk
- When** **Sunday, October 3<sup>rd</sup> - Heats begin at 7am**  
Heats will be sorted by preferred start time and whether or not you are competitive. Start times will be given on a first come, first serve basis
- Where** Start & Finish at the Edwardsville YMCA - Esic Center  
Course is mostly on paved bike path, flat, and family friendly
- Awards** Men’s & Women’s Overall / Relay Team
- Relays** Relays are for those looking to share the triathlon experience with others in a team environment. Relay teams are groups of 3 or less people where each teammate completes a different phase of event (swim only, bike only, run only).
- T-Shirts** All participants will receive a shirt, available for pickup after September 27<sup>th</sup> at the Esic Center, or on race day.
- Register** Complete form on back and mail or drop off at the Edwardsville YMCA by September 20<sup>th</sup>, entries after September 20<sup>th</sup> will be accepted until all spots are filled.
- Be a Virtual Triathlete!** For those unable to attend, become a virtual triathlete and support the Edwardsville YMCA financial assistance program. All donations of \$30 or more receive a t-shirt.
- Volunteer** To volunteer, fill out the form or contact Lacey Sonderegger at 655-1460

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Individual & team registration on reverse side of form

**[www.triatthey.com](http://www.triatthey.com)**

# Individual / Team Registration Form

Please select which type entrant (if relay, each member must fill and sign own form)

**Individual YMCA Member - \$30** (1HWTRIIND) **Individual Non-Member - \$40** (1HWTRIIND)

**Relay - \$60** (1HWTRITEAMR)

**Donation** \_\_\_\_\_

Team Name (if applicable) \_\_\_\_\_ Preferred Start Time  7-7<sup>30</sup>  7<sup>30</sup>-8  8-8<sup>30</sup>

Is there anyone you would like to be in the same heat with? \_\_\_\_\_

Are you participating competitively?  YES  NO

Name \_\_\_\_\_ Phone # \_\_\_\_\_

Street Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

T-Shirt Size: *Youth Sizes:*  S  M  L *Adult Sizes:*  S  M  L  XL  2X

Gender \_\_\_\_\_ Age (as of 10/3/2010) \_\_\_\_\_ E-mail \_\_\_\_\_

All participants under 13 must be accompanied by a guardian at all times.

Helmets during bike ride are mandatory for participation in event

In consideration of acceptance of my entry to participate in the Tri at the Y Triathlon, I do hereby release and discharge the Edwardsville YMCA, the city of Edwardsville, Madison County Transit and their employees and volunteers from any and all liability to me, my assigns, heirs, executors and personal representatives, now and forever, for any casualty to myself or my property arising from my participation therein. I hereby attest that I have full knowledge of the risks associated with my participation in the activities associated with this event and that I am physically trained and fit for participation in all such activities. I give my consent for Edwardsville YMCA to use my photo likeness in future print and/or electronic publications.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_ Phone # \_\_\_\_\_

Street Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

T-Shirt Size: *Youth Sizes:*  S  M  L *Adult Sizes:*  S  M  L  XL  2X

Gender \_\_\_\_\_ Age (as of 10/3/2010) \_\_\_\_\_ E-mail \_\_\_\_\_

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City, State, Zip \_\_\_\_\_

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